



## VEAP Individual Volunteer Engagement Opportunities (COVID-19 Edition)

	Food Pantry (Warehouse & Distribution)	Drivers (Van Drivers & Mobile Pantry)
Application	<p><b>New Volunteers:</b> Adult &amp; Youth Fast Track OR Volunteer Interest Form</p> <p><b>Current Volunteers:</b> Contact Volunteer Department</p>	<p><b>New Volunteers:</b> Volunteer Interest Form</p> <p><b>Current Volunteers:</b> Contact Volunteer Department</p>
Motivations	<p>Ask yourself . . .</p> <p>Do I want a position that's active?</p> <p>Do I want to work with others?</p> <p>Do I want to work behind-the-scenes or with visitors directly?</p>	<p>Ask yourself . . .</p> <p>Do I want a position that's active?</p> <p>Do I want to work individually or with others?</p> <p>Do I want to work behind the scenes or with visitors directly?</p>
Responsibilities	<p>Help put food on your community's tables! During the COVID-19 pandemic, we're asking our volunteers to be flexible while helping out in our food pantry. Volunteers in this area could be sorting through food donations, fulfilling participant orders by shopping through our pantry on their behalf, assisting participant's as they load groceries into their vehicles, or assisting participant check-in as an outdoor intake volunteer.</p>	<p>Help make VEAP accessible to everyone in our community! During the COVID-19 pandemic, our Van Drivers deliver groceries directly to our participant's homes, transport fresh and healthy food straight to our communities with our Mobile Pantry, as well as help us rescue food from local grocery stores.</p>
Shifts	<p>Monday – Friday</p> <p>8:15 – 11:30 a.m. 11:15 – 2:30 p.m. 2:15 – 5:15 p.m.</p>	<p>Monday – Friday</p> <p>9:00 – 11:30 a.m. 11:30 – 2:00 p.m. 2:00 – 5:00 p.m.</p> <p><i>For Mobile Pantry, dates and times vary based on pantry site.</i></p>
Requirements	<p>Ages 12 or older to volunteer independently. Ages 9 – 11 if volunteering with an adult. Able to lift up to 20 lbs. and stand for a long period of time. Criminal background check if ages 18 or older. Optional: Bilingual in Spanish.</p>	<p>Ages 25 – 77. Able to lift up to 20 lbs. Possess a valid driver's license, insurance, and a good driving record. Criminal background check.</p>
Department	<p>Basic Needs Department</p>	
Perks	<p>As a VEAP Volunteer you will see your impact firsthand, make a difference in your community, gain insight into how food and housing insecurity affects your neighborhood, as well as learn new skills! We also offer our volunteers snacks and drinks on-site, opportunities to connect, as well as free education events to learn more about the issues that affect your community.</p>	

**Have questions? Contact our volunteer department at [volunteerdept@veap.org](mailto:volunteerdept@veap.org) or call 952.955.8323.**



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	Phone Intake	Lobby Intake	Data Entry	Volunteer Greeter
Applications	<p><b>New Volunteers:</b> Volunteer Interest Form</p> <p><b>Current Volunteers:</b> Contact Volunteer Department</p>	<p><b>Currently unavailable due to COVID-19 Pandemic.</b></p>	<p><b>New Volunteers:</b> Volunteer Interest Form</p> <p><b>Current Volunteers:</b> Contact Volunteer Department</p>	<p><b>New Volunteers:</b> Volunteer Interest Form</p> <p><b>Current Volunteers:</b> Contact Volunteer Department</p>
Will it be a right fit?	<p>Ask yourselves . . .</p> <p>Do I want a position that's sitting? Do I want to work with others? Do I want to work behind-the-scenes?</p>	<p>Ask yourselves . . .</p> <p>Do I want a position that's sitting? Do I want to work with others? Do I want to work with visitors directly?</p>	<p>Ask yourselves . . .</p> <p>Do I want a position that's sitting? Do I want to work individually? Do I want to work behind-the-scenes?</p>	<p>Ask yourselves . . .</p> <p>Do I want a position that's sitting? Do I want to work with others? Do I want to work behind-the-scenes?</p>
Responsibilities	<p>Be the welcoming voice visitors hear on the phone when accessing our services! As a volunteer within our phone intake area, you will assist and schedule visitors for food pantry appointments.</p>	<p>Be the first smiling face visitors see when they enter our building! As a Lobby Intake volunteer, you will assist and check-in visitors for their food pantry and social services appointments.</p>	<p>Support our organization by working on critical projects in our social services department! As a Data Entry volunteer, you will input collected participant data into our database and assist staff with other projects as assigned.</p>	<p>Play a vital role in creating a safe and welcoming environment for guests and fellow volunteers! As a Volunteer Greeter, you will both greet volunteers and guests as well as be the first point of contact when people call our building.</p>
Shifts	<p>Monday – Friday</p> <p>9:00 – 12:45 12:45 – 4:30</p>	<p>Monday – Friday</p> <p>9:00 – 1:00 p.m. 1:00 – 5:00 p.m.</p>	<p>Monday – Friday</p> <p>8:30 – 11:30 a.m. 11:30 – 2:30 p.m. 2:30 – 5:30 p.m.</p>	<p>Monday – Friday</p> <p>7:45 – 11:00 a.m. 11:00 – 2:00 p.m. 2:00 – 5:15 p.m.</p>
Requirements	<p>Ages 18 or older. Basic computer skills. Friendly, warm personality. Criminal background check. Optional: Bilingual in Spanish.</p>	<p>Ages 18 or older. Basic computer skills. Friendly, warm personality. Criminal background check. Optional: Bilingual in Spanish.</p>	<p>Ages 18 or older. Basic computer skills. Criminal background check.</p>	<p>Ages 18 or older. Basic computer skills. Friendly, warm personality. Criminal background check.</p>
Area	Social Services Department			Volunteer Department
Perks	<p>As a VEAP Volunteer you will see your impact firsthand, make a difference in your community, gain insight into how food and housing insecurity affects your neighborhood, as well as learn new skills! We also offer our volunteers snacks and drinks on-site, opportunities to connect, as well as free education events to learn more about the issues that affect our communities.</p>			

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