



VEAP

Most-needed Items

February 2026

VEAP, the Twin Cities' largest food pantry, needs your help!
We're accepting donations at Door 4 behind our building:
Monday - Thursday, 9:00 a.m. - 4:30 p.m.
Friday, 9:00 a.m. - Noon

- Hearty soups (high protein, low sodium)
- Canned proteins (pork, chicken, beans)
- Shelf-stable tortillas
- Refried beans
- Toilet paper
- Paper towels
- Diapers (size 5-8) & baby wipes
- Cooking Oil
- Diced tomatoes
- Baking essentials (flour/masa, sugar, & spices)
- Cleaning items:
 - laundry detergent
 - dish soap
- Personal care items:
 - shampoo
 - toothpaste & toothbrush
 - hand soap
 - menstrual products

More details at veap.org/most-needed-items

9600 Aldrich Ave South, Bloomington Minnesota 55420 952.888.9616